

Gitennes Receives Analyses for Recent Drill Program, New Mosher Gold Property, Chapais-Chibougamau area, Quebec

- Drilling Indicates broad zones of anomalous gold and alteration
- Anomalous gold values Intersected in all seven holes
- Visible gold near the top of Hole NM-22-04 may indicate gold mineralization may be related to a large, regional fault running through lake west of the New Mosher gold showing

Vancouver, B.C., - May 16 2022: Gitennes Exploration Inc. ("Gitennes" or the "Company") - (TSXV – GIT) announces that analyses have been received on a recent drill program consisting of seven holes totaling 1,002 metres with six of the holes being drilled at the New Mosher Showing (See Figure 1) on its New Mosher gold property, Chapais-Chibougamau area of Quebec.

Results are listed below:

Hole	From	То	Grade Au	Comments
NM-22-01	12.1	15.45	0.25 g/t Au over 3.35m	Associated with strong silicification (traces of As).
	21.5	37.9	0.33 g/t Au over 16.4m	Sheared meta-basalt with strong silicification, chlorite and sericite alteration (traces of As).
	25.2	33	or 0.51 g/t Au over 7.8m	
	29.3	30.35	incl. 1.47 g/t Au over 1.05m	
	82	84.75	0.12 g/t Au over 2.75m	Interval open
NM-22-02	8.5	10.5	0.32 g/t Au over 2m	Sheared meta-basalt with strong silicification and moderate to weak chlorite and sericite alteration.
	22.1	23.8	1.2 g/t Au over 1.7m	
	61.7	72	0.24 g/t Au over 10.3m	
	61.7	65.5	or 0.48 g/t Au over 3.8m	
	63.5	64.5	incl. 1.29 g/t Au over 1m	
	91.5	93.5	0.13 g/t Au over 2m	Interval open
NM-22-03	125	138	0.17 g/t Au over 13m	Associated with silica alteration. (Interval open)
NM-22-04	37	44	0.13 g/t Au over 7m	Associated with silica, chlorite and sericite alteration
NM-22-05	9	9.75	0.47 g/t Au over 0.75m	Associated with silica alteration.
	22.75	23.75	0.92 g/t Au over 1m	
	31	33	0.12 g/t Au over 2m	
	53	54	0.4 g/t Au over 1m	
NM-22-06	101.7	103.7	0.13 g/t Au over 2m	Interval open
NM-22-07	78	79.3	0.41 g/t Au over 1.3m	Interval open

Table 1: Gold Results from Phase 2 Drilling

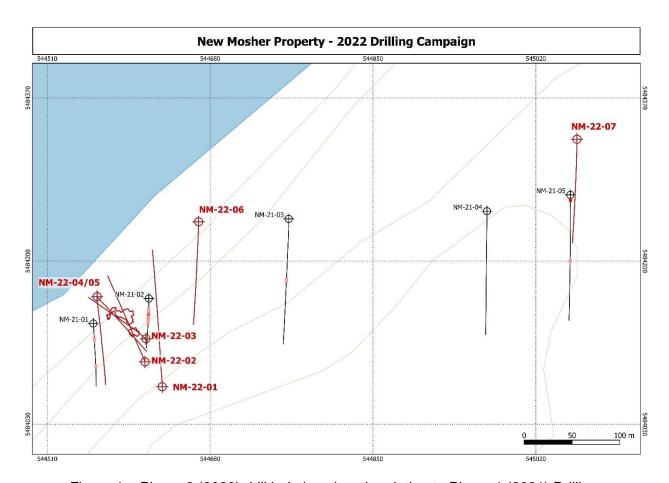


Figure 1 – Phase 2 (2022) drill hole locations in relation to Phase 1 (2021) Drilling.

Anomalous gold values were intersected in broad zones of silica, chlorite and sericite alteration. Traces of arsenopyrite were also noted. Hole NM-22-01 indicates the New Mosher gold zone is still open to the east. From 21.5 m to 37.9 m, **0.33 g/t Au over 16.4m** was detected in a zone of strong alteration. This section included **0.51 g/t Au over 7.8 m and 1.47 g/t over 1.05 m** (true width is approximately 70% of the intersection).

Hole NM-22-04 was collared approximately 50 m from the New Mosher Showing and coarse visible gold was observed 19 m downhole and is located at the contact of a quartz vein within mafic volcanics. The visible gold section was not sent to the lab so as not to skew analyses; however, the sample will be submitted for metallic sieve analysis in order to determine the size fraction where the gold resides.

It is significant that the visible gold was intersected close to the lake. It has been noted on regional maps that the lake covers a large northwest trending fault zone that may be the source of the gold mineralization on the New Mosher Property. (See Figure 3). A parallel fault runs through the Joe Mann Mine area about 4.5 km to the southwest. Future work will focus on this part of the Property which historically has not been tested.

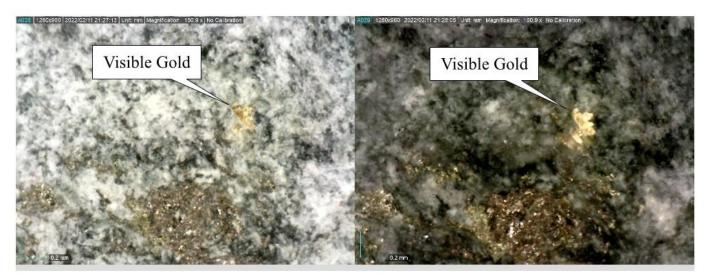


Figure 2: Visible gold in NM-22-04 in dry core (Left) and in wet core (Right).

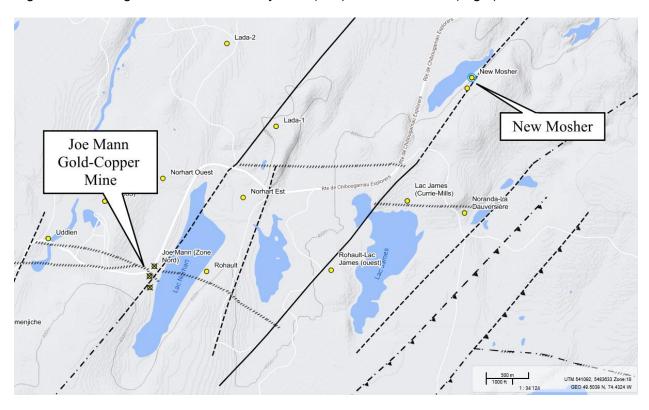


Figure 3: Government mapped, northwest trending fault running through New Mosher Property. Similar faults are noted to noted to be in the vicinity of significant gold mineralization such as the Joe Mann Mine.

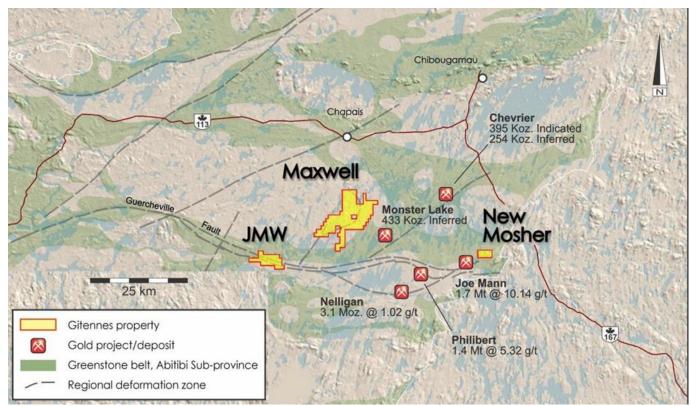


Figure 4 -New Mosher Property and Gitennes other properties in Chapais-Chibougamau area

The New Mosher Property is located 4.5 kilometres from the past producing Joe Mann Mine which produced approximately 1.2 million ounces of gold at an average grade of 8.3 g/t gold(1) plus silver and copper.

(1) Readers are cautioned that the Company has no interest in or right to acquire any interest in the Joe Mann mine and that mineral deposits and production results from the Joe Mann mine are not indicative of mineral deposits on the Company's properties or any potential exploitation thereof. Source: Technical Report on the Joe Mann Mining Property dated January 11, 2016, prepared by Geologica Inc.

About Gitennes Exploration Inc.

Gitennes is in the business of exploring for and advancing mineral properties with a focus on high grade gold. The Company currently has three properties in the Chapais-Chibougamau area of Quebec: New Mosher, JMW and Maxwell, and three properties in the Gaspe Region of Quebec: VG Boulder, Serpenphior and Puma, the Snowbird gold property in British Columbia and a 1.5% Net Smelter Return royalty on the 18 million ounce Urumalqui Silver Project in Peru. All properties are 100% owned by Gitennes except for New Mosher which is under option from Kintavar Exploration and Gitennes can earn an initial 70% and has the right to increase its ownership to 85%. The Snowbird Property has been optioned to a gold exploration company.

Qualified Person

The scientific and technical information contained in this news release has been reviewed and approved by Wayne Holmstead (P.Geo.), who is a "qualified person" within the meaning of National Instrument 43-101.

For further information on the Company, readers are referred to the Company's website at www.gitennes.com and its Canadian regulatory filings on SEDAR at www.sedar.com.

Gitennes Exploration Inc.

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